

## Conscious Discipline 10-ECourses

We are excited to announce a wonderful opportunity for parents to partner with the school as we transform our lives.

## Web Based Conscious Discipline training from the comfort of your own home.

## Discounted Rate: \$50

for the entire series of 10 self-paced sessions, each approximately an hour long, with a downloadable workbook. Complete the training at your convenience

"Conscious Discipline, a research-based approach, has the tools that will empower you with effective language to help your child resolve conflict, techniques for learning self-regulation, and successful strategies that provide safety, connection and problem solving."



\*Please feel free to share this opportunity with friends, family and anyone you feel will benefit from the program.

Contact the School Office for more information at: admin-assistant@hebrewacademyoftampa.net

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